



**My Pledge to Talbot Conversations:
Make Your End of Life Wishes Known**

I pledge my commitment to engage in the thoughtful contemplation and implementation about my end of life wishes **by Thanksgiving 2016** as outlined below:

- I will have a conversation with my family about my end of life wishes
- I will document the plan using Advance Directive paperwork
- I will share it with my family and my physician
- I will encourage one family member or friend to do the same

Signature: _____

Name: _____

Date: _____

Address: _____

Email: _____

Phone Number: _____